

God's Promise; Your Rest

Hebrews 4:1-10 April 24th, 2022

“That which cannot be attained through moral _____ cannot be lost through moral _____.” Our fear (4:1b) should be a holy fear that we be not somehow _____ into _____.

The old Puritan commentator John Owen described five features of God's rest for the believer:

1. Rest means _____ with God. (Rom 5:1)
2. Rest means _____ from a servile, bondage-like spirit in the worship and service of God. (John 6:28–29)
3. Rest means _____ from the burden of Mosaic observance. (Romans 4:1–25)
4. Rest means the _____ according to the gospel. (John 4:24)
5. Rest means the rest that _____ (Hebrews 4:3; Genesis 2:2–3)

Wiersbe quotes...

- The Canaan rest for Israel is a picture of the spiritual rest we find in Christ when we _____ to Him.
- When we come to Christ by faith, we find _____ (Matt. 11:28).
- When we yield to, and learn of Him and _____ Him by faith, we enjoy _____ (Matt. 11:29-30).
- The first is “peace _____ God” (Rom. 5:1).
- The second is the “peace _____ God” (Phil. 4:6-8).
- It is by _____ that we enter into rest (Heb. 4:3)
- It is by _____ God by faith and surrendering to His will that His rest _____.

Growth Group Discussion Questions

(Complete at home on separate sheet of paper if needed)

- 1.) Do you ever struggle with resting from work? Tell us about it.
- 2.) What do you think poses the greatest challenge to religious people - Not working enough for God? Or working too hard for God? Explain your answer.
- 3.) Read Hebrews chapter 3:12-4:10 out loud in you group. What do you think the main point is that the author is making? Why?
- 4.) Read Psalm 95 and discuss how it ties into Sunday's text. Read some of the verses quoted in Sunday's message in their greater contexts and discuss their application; Romans 4:13-5:2; Ephesians 2:1-10; Philippians 4:6-9; Colossians 3:12-17.
- 5.) How might you summarize Sunday's bible lesson in your own words? What are the key and most important lessons to apply to your life from this study?
- 6.) Take some time to pray for one another. And pray for your church leadership and their families.