

# **Calvary Chapel Eagle Women's Bible Study**

## **A Shepherd Looks at Psalm 23 – Chapter 7**

### **“Yea, Though I Walk Through the Valley. . .”**

*Start each time of study with prayer. Ask God to speak to you personally through this study. Read the whole chapter first then go back and reread it to answer the questions. Some questions may take time, especially the personal ones. It's ok to take a couple of days before you answer some of them. Use the back of the sheet if you need more room.*

Mr. Keller lets us know that, “Yea, though I walk through the valley. . .” which is the road that leads to the “high country”, is the half way point in David's Psalm. The rest of the Psalm will take place on the road to or in the “high country.” Are you ready to leave the valley behind and move on to the “high country” in your walk with the Lord? If so, what is it going to take? If not, what is stopping you?

How do you intend to get to the high country?

Are you one who thought or hoped that God would just “air-lift” you to the high country? Why doesn't it work that way?

“One only gains higher ground by climbing up through the valleys.” What are some of the valleys you have had to climb?

Are you still in a valley? If so, what is it? Can you see how someday God can use this for His glory?

Can you look back over your life, to one of your darkest valleys, and see how the Lord's hand guided and sustained you causing your faith to grow and you came out stronger on the other side? Write down the story as a remembrance to the Lord.

Are you frightened, shaken up and made fearful by the storms of life or do you face them with a calm peace? Explain your answer.

Read the following scriptures and write down the promises and the hope He gives you.

Matthew 6:25-34

Romans 8:35-38